

Frequent Walk • Roll Program



STEP ONE:



Walk or bike to
and/or from school

STEP TWO:

Mark **ONE** of the
stars for every day
you walk or bike
to or from school

STEP THREE:

Turn in completed
card as a raffle ticket.

STEP FOUR:

Get a chance
to win fun prizes!



**Get healthy,
have fun, reduce
traffic, and protect
the environment!**