



Fire Up Your Feet



WALK/ROLL FAMILY CHALLENGE

**Form a team and challenge yourselves
to walk, bike, scooter or skateboard
for transportation!**

Walk or roll to/from:

school  **the store**  **a friend's house**
the park  **the movies**

...or anyplace that replaces an automobile trip!

**Record your minutes and turn in your tracking sheet
at the end of the challenge month to be eligible for prizes!**

Challenge Dates:

