



# Fire Up Your Feet



## WALK/ROLL FAMILY CHALLENGE

**Form a team and challenge yourselves  
to walk, bike, scooter or skateboard  
for transportation!**

*Walk or roll to/from:*

**school**  **the store**  **a friend's house**  
**the park**  **the movies**

*...or anyplace that replaces an automobile trip!*

**Record your minutes and turn in your tracking sheet  
at the end of the challenge month to be eligible for prizes!**

## Challenge Dates:

