



METROPOLITAN
TRANSPORTATION
COMMISSION

2024

JANUARY '24

SAFE ROUTES TO SCHOOL PROGRAM



SRTS ACTIVITIES IN PETALUMA – JAN 24

1/11 & 1/18 - Loma Vista 5th Grade Mapping & Communications

1/11 & 1/18 - Grant 4th Grade Bike Basics

1/20 – River Montessori Creator Fair – Bike Education & Maintenance Station

1/22 & 1/29 - McKinley 3rd Grade Pedestrian Safety

1/22 & 1/29 - McKinley 5th Grade Mapping & Communications

1/24 & 1/31 - McDowell 2nd Grade Pedestrian Safety

1/25 & 1/31 - Grant 2nd Grade Pedestrian Safety

WALK TO SCHOOL THIS YEAR WITH

The Walking School Bus

What do you call a group of fish?



Where: Meet at Edith St. Senior Apartments, 167 Edith St. for a 0.5 mile walk to school

When: Every Wednesday, 8:00am

Who: 3rd thru 8th, drop-off between 7:45 to 8:00

Students are escorted by Seniors from the Edith Senior Apartments to school; parents may walk too!

A walking school bus (WSB) is a safe and fun way for children to get physical activity as they walk to school with adult supervision.

Why is it better to walk to school?

- Avoid sitting in the carline and get to work on time/early!
- Kids enjoy play time and exercise with friends before school
- Kids say they don't feel rushed and feel more ready for school
- Proven to help students with focus and alertness

Permission slip required, Contact Mrs.O at kosullivan@petk12.org



CAMINA A LA ESCUELA ESTE AÑO CON

El Autobús Escolar a Pie



Reúnete en los Apartamentos para Personas Mayores de Edith St., 167 Edith St., para una caminata de 0.5 millas hasta la escuela

Cuándo: Todos los miércoles, a las 8:00 a. m.

Quiénes: De 3 a 8 grado, entrega entre las 7:45 y las 8:00

Los estudiantes son acompañados por personas mayores de los apartamentos Edith Senior hasta la escuela; ¡los padres también pueden acompañar!

El autobús escolar a pie (WSB) es una forma segura y divertida para que los niños hagan actividad física mientras caminan a la escuela con supervisión de adultos

¿Por qué es mejor caminar a la escuela?

- Evite esperar en la fila de autos y llegue a tiempo o temprano al trabajo.
- Los niños disfrutan del tiempo de juego y ejercicio con amigos antes de la escuela.
- Los niños dicen que no se sienten apurados y se sienten más preparados para la escuela. Comprobado que ayuda a los estudiantes a concentrarse y mantenerse alerta.

Se requiere permiso, comuníquese con la Sra. O en kosullivan@petk12.org



CELEBRATE

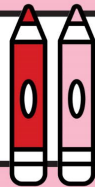
WALK & ROLL

FIRST WEEK OF

FEB MONTH

SAFE ROUTES TO SCHOOL

WALK & ROLL TO SCHOOL CHALLENGE



JOIN US FOR HEARTS MONTH!
ENTER OUR ART CONTEST FOR A CHANCE TO BE
FEATURED IN OUR WALK&ROLL CALENDAR & WIN
art supply store gift card



METROPOLITAN
TRANSPORTATION
COMMISSION



FOR CONTEST FLYER & RULES AND TO ENTER, VISIT
sonomasaferroutes.org

WALK & ROLL FOR OUR HEARTS DAY

WEDNESDAY

FEB 7th

SAFE ROUTES
TO SCHOOL

CELEBRATE

WALK & ROLL FOR OUR HEARTS MONTH FEB

Win a gift card to an

ART SUPPLY

STORE & BE FEATURED IN A CALENDAR!



RUTAS SEGURAS A LA ESCUELA



por nuestros
CORAZONES

DESAFIO DE FEBRERO



SAFE
ROUTES
TO
SCHOOL

WALK & ROLL FOR OUR HEARTS FEBRUARY CHALLENGE

ART CONTEST

WALK & ROLL FOR OUR HEARTS!

Draw a picture demonstrating why you LOVE Walking and/or Rolling. Your picture should illustrate how or why it is fun and/or healthy for our hearts, minds, and bodies.

Winners will win a \$25 gift certificate to a local Art Supply Store!

Winning pictures will ALSO be made into a 2024-25 "I Love Walk & Roll" Wall Calendar!

SUBMIT ART BY FRIDAY, MARCH 1, 2024

(please read contest rules before submitting)

WALK & ROLL FOR OUR HEARTS CONTEST RULES

ELIGIBILITY All Sonoma County K-8 Students

THEME(S) Illustrate how or why walking and rolling is fun and/or healthy for the hearts, minds, and bodies of kids and/or families in Sonoma County

Optional: You may wish to choose a season for your illustration; Winter, Spring, Summer, or Fall

SUBMISSION REQUIREMENTS

- Artwork must be 8.5x11, and must be landscape orientation
- All mediums welcome; drawing, painting, mixed media, digital illustration, etc. *If utilizing mixed media/collage elements, no more than 20% of collage material may be from newspapers, magazines, books, or other material pre-printed with text or designs (such as scrapbook paper)*
- Submit a scanned copy in .JPG or .PDF format to saferroutes@bikesonoma.org, OR mail to Safe Routes to School, Sonoma County Bicycle Coalition, PO Box 3088, Santa Rosa CA 95402-3088

- Include your name, school, grade level, and homeroom teacher, and a way to contact you (phone or email)
- All entries must be received by Friday, March 1, 2024

JUDGING CRITERIA

- Creativity and originality
- Clarity of art's message in communicating the theme
- Quality of & effort put into illustration
- Representation of diversity and inclusivity

AWARDS

- \$25 Gift Card to local art supply store
- Selected winning pictures will be featured in 12-month, 2024-25 "I Love Walk & Roll" Wall Calendar.
- Calendars will be printed and distributed to the winners, principals of winning schools, and to every teacher with a winning student in the challenge.
- If chosen as a winner, Safe Routes to School must be able to contact you, and may need to collect original artwork.

Send any questions to saferroutes@bikesonoma.org.



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**SAFE ROUTES
TO SCHOOL**



sonomasaferroutes.org

[f](https://www.facebook.com/sonomacountysaferroutes) [@sonomacountysaferroutes](https://www.instagram.com/sonomacountysaferroutes)

RUTAS SEGURAS A LA ESCUELA

CAMINAR y RODAR

POR NUESTROS CORAZONES

DESAFÍO DE FEBRERO



CUNICURSO De ART

¡CAMINAR y RODAR POR NUESTROS CORAZONES!

Haz un dibujo que demuestre por qué te **ENCANTA** caminar y/o andar en bici. Tu dibujo debe ilustrar cómo o por qué es divertido y/o saludable para nuestros corazones, nuestras mentes y nuestros cuerpos.

¡Los ganadores recibirán un certificado de regalo por de una tienda local de suministros de arte!

Los dibujos ganadores **TAMBIÉN** se usarán para hacer un calendario de pared con el tema de "Me encanta caminar y andar en bici" de 2023-2024.

ENVÍA TU OBRA ANTES DEL VIERNES 1 DE MARZO DE 2024
(lee las reglas del concurso antes de enviarla)

REGLAS DEL CONCURSO "CAMINAR Y ANDAR EN BICI POR NUESTROS CORAZONES"

ELEGIBILIDAD Todos los estudiantes de Kinder al 8º del condado de Sonoma

TEMA(S) Ilustrar cómo o por qué caminar y andar en bici es divertido y/o saludable para los corazones, las mentes y los cuerpos de los niños y/o las familias del condado de Sonoma

Opcional: Puedes elegir una estación para tu ilustración: invierno, primavera, verano u otoño.

REQUISITOS DE PRESENTACIÓN

- La obra debe ser de 8.5x11 pulgadas, y debe ser de orientación horizontal
- Todos los medios son bienvenidos: dibujo, pintura, medios mixtos, ilustración digital, etc. *Si se utilizan medios mixtos/elementos de collage, no más del 20% del material de collage puede provenir de periódicos, revistas, libros u otro material preimpreso con texto o diseños (como el papel de los álbumes de recortes)*
- Envía una copia escaneada en formato .JPG o .PDF a saferoutes@bikesonoma.org, O envíala por correo a Safe Routes to School, Sonoma County Bicycle Coalition, PO Box 3088, Santa Rosa CA 95402-3088
- Incluye tu nombre, escuela, grado escolar y el nombre de tu maestro/a de homeroom, y una manera de ponernos en contacto contigo (teléfono o correo electrónico)

- Todas las obras deben ser recibidas a más tardar el viernes 1 de marzo de 2023.

JUDGING CRITERIA

- Creatividad y originalidad
- La claridad del mensaje en la comunicación del tema de la obra
- Calidad y esfuerzo puesto en la ilustración
- Representación de la diversidad y la inclusión

AWARDS

- Tarjeta de regalo de una tienda local de suministros de arte
- Los dibujos ganadores seleccionados figurarán en el calendario de pared de 12 meses, agosto 2024-25 con el tema de "Me encanta caminar y andar en bici".
- Los calendarios se imprimirán y distribuirán a los ganadores, a los directores de las escuelas ganadoras, y a todos los maestros con un estudiante ganador en el concurso.
- Si eres elegido/a como ganador/a, Rutas Seguras a la Escuela debe poder comunicarse contigo, y puede que tenga que recoger la obra de arte original.

Envía todas tus preguntas a saferoutes@bikesonoma.org.



February 2024 Commercial



0:17 / 2:19

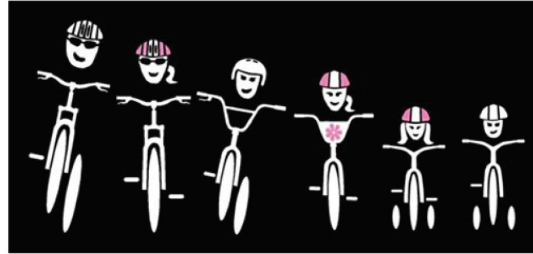


Bike to SCHOOL Day

SONOMA COUNTY
MAY 2024



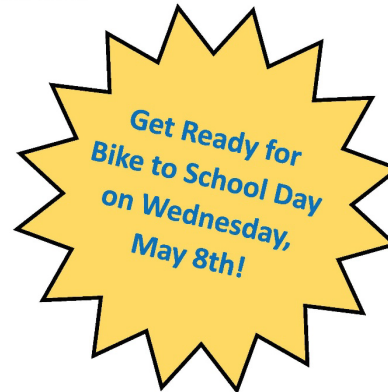
HOW TO START A BIKE TRAIN



Bike trains are a safe, fun way for kids to ride their bikes to school in groups. Join us (via Zoom) as local bike train leaders share experience and step-by-step advice on how to start and maintain your own successful bike-to-school effort!

Topics include:

- Establishing a meet-up spot
- Planning your route
- Keeping it safe
- Spreading the word
- Recruiting volunteers
- Making it fun!



Date: Wednesday, March 13th
Time: 6:30-7:30 p.m
Sign up: www.tinyurl.com/biketrainwebinar



FAMILY BICYCLING LESSONS

IN PERSON, ON-BIKE LESSONS

Learn to Ride a Bike — for Kids

Wednesdays in
Petaluma

Winter/Spring 2024 Dates:

2/14, 3/13, 4/10, 5/8, 6/5

For rates & registration, visit
cityofpetaluma.org



METROPOLITAN
TRANSPORTATION
COMMISSION



Parks
Make
Life
Better!

FAMILY BIKE WORKSHOP

FREE!



IN PERSON!



Lucchesi Park

SATURDAY, JUNE 22ND

10am–12:30pm

Pre-Registration Required

www.bikesonoma.org/family-bike-workshops

FREE
HELMETS!

SRTS TRAVEL PLANS



- About
- Enrollment & Program Information
- Education Programs
- Encouragement Programs
- Events and Plans
- Tools and Resources

Events and Plans

Walk & Roll For Our HeARTS

Art Contest Results

Stay Informed

SRTS E-News

Family Bicycling News

Translate This Page

Select Language

School SRTS Travel Plans

A Safe Routes to School "Travel Plan" is a document that captures information and data to support Safe Routes to School programming and projects at a school site. Travel plans include some or all of the following elements:

- Information re: the school site's engagement with the Sonoma County SRTS education/encouragement programming
- Data on how students travel to/from school
- Data on how many students live in the walkable/bikeable distance of school
- Documentation of barriers to active transportation
- Walk Audit/site assessment results
- Other relevant data such as walkability maps, collision data, etc.

The below travel plans are from Sonoma County schools that have either engaged with the Safe Routes to School program in 2023-24, or who relevant data is available for in one or more of the above elements.

Cloverdale:

- [Jefferson Elementary](#)

Healdsburg/North County:

- [Healdsburg Elementary \(Fitch Mountain Campus\)](#)