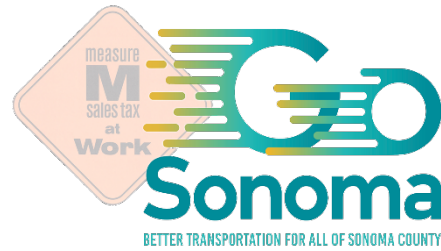


**SAFE ROUTES
TO SCHOOL**



**METROPOLITAN
TRANSPORTATION
COMMISSION**

2025

CELEBRATE MARCH *of the* **PENGUINS**

WALK & ROLL

WITH **SAFE ROUTES TO SCHOOL**



March

**WIN A PAIR OF
BINOCULARS!**

WALK & ROLL

CELEBRATE EARTH

WITH **SAFE ROUTES TO SCHOOL**



**TAKE ACTION
WIN A GIFT CARD
TO A LOCAL EATERY!**



April

MARCH CHALLENGE



MARCH of the PENGUINS

PENGUIN MILES TRACKER

OF MILES YOU WALKED OR ROLLED TO SCHOOL OR ANYWHERE EACH DAY IN MARCH PLUS OBSERVATIONS AND BOOKS/DOCUMENTARIES (ATTACH EXTRA SHEETS IF NEEDED)

Track your miles this March while learning about penguins and/or California or western birds. Can you make it to Antarctica? How about to and from? Turn in your tracking sheet to Safe Routes to Schools by Wednesday, April 2nd for a chance to win a pair of binoculars!

MILES TO ANTARCTICA FROM CALIFORNIA: ~8900
How to achieve "Penguin Miles" to Antarctica:

- 1 mile of walking/biking = 500 Penguin Miles
- New bird observation = 100 Penguin Miles
- Read a book about penguins or California/western Birds = 100 Penguin Miles (each book)
- Watch the documentary *March of the Penguins* (Apple TV) or *The Sub-Zero World of Penguins* (YouTube) = 100 Penguin Miles (each movie)
- Watch the YouTube Videos "California Birds" Episodes 1 &/or 2 (each video) (or another documentary on California or western Birds) = 100 Penguin Miles

MILES OF WALKING/BIKING			BIRD OBSERVATIONS		
DAY/WEEK OF MONTH	# OF MILES	PENGUIN MILES (# of miles x 500)	DESCRIPTION	BIRD TYPE? (take a guess!)	PENGUIN MILES (100 per bird)
Ex. 3/2 or week of 3/2-3/8	1.5	1500	Ex. Big, all black, loud caw	crow	100
TITLE OF BOOK READ (100 each)		PENGUIN MILES	TITLE OF DOCUMENTARY WATCHED (100 each)		PENGUIN MILES
TOTAL PENGUIN MILES			TOTAL PENGUIN MILES		



METROPOLITAN TRANSPORTATION COMMISSION



STUDENT NAME _____
 SCHOOL _____
 HOME ROOM TEACHER _____ GRADE _____

Submit completed Penguins Mile Tracker via email to saferroutes@bikesonoma.org or via mail to SRTS, PO Box 3088, Santa Rosa, CA 95402. Entries received by Wednesday, April 2nd will be entered into a drawing for binoculars!

sonomasaferroutes.org
 @sonomacountysaferroutes

GREEN TRANSPORTATION CHALLENGE PROMO MATERIALS

WALK & ROLL
CELEBRATE EARTH
WITH SAFE ROUTES TO SCHOOL

April
TAKE ACTION
in our **GREEN**
TRANSPORTATION
CHALLENGE

WIN A LOCAL EATERY GIFT CARD!
for challenge & resources, visit sonomasaferroutes.org

WALK & ROLL
TO SCHOOL DAY
GREEN TRANSPORTATION

WEDNESDAY
APR 2

GREEN TRANSPORTATION CHALLENGE



SONOMA COUNTY SAFE ROUTES TO SCHOOL GREEN TRANSPORTATION EARTH MONTH

COMPLETE TWO OR MORE OF OUR GREEN TRANSPORTATION ACTIONS TO CELEBRATE EARTH MONTH, and tell us something about it!
 Submit by Monday, May 5th for entry into our drawing for a \$25 gift card to a local eatery of your choice. Green Transportation Actions can be done at any time during the month of April.

BIKE to a DESTINATION instead of DRIVING

A human traveling on a bike at 10-15mph is the most energy-efficient means of human transport available. It's also good exercise, saves money, and is good for the earth. Choose at least one destination to bike to, like school, a local park, a friend's, the store, or anywhere that you typically drive to.

Where did you bike and how long did it take?

Date biked (choose one even if you biked more often): _____

One thing you noticed while biking to this destination: _____

CARPOOL instead of DRIVING in a single family VEHICLE

A carpool is when a parent drives their child, and at least one other child from another home, to a destination, such as when your parent picks up your friend on the way to school and you all drive to school together without your friend's parent. Let us know if you carpooled to school, to a sporting event, to a party, class, or anywhere this April, and tell us a bit about it.

Where did you carpool?

Date carpooled (choose one): _____

One thing that you like about carpooling:

WALK to a DESTINATION instead of DRIVING

Walking is free and doesn't require any special equipment or clothing! It's great for our health, can be social, and gets us outdoors. Choose at least one destination to walk to that you normally drive to. If you can't walk all the way from home, park a distance away at least a 10 minute walk from your destination, and walk part-way.

Where did you walk and how long did it take?

Date walked (choose one): _____

One thing you noticed while walking:

PUBLIC transportation (BUS/TRAIN) or plan a ROUTE

Public Transportation has many benefits; it is one of the safest ways to travel, it's less expensive than owning and operating a car, and it reduces air pollution and greenhouse gas emissions. Choose at least one destination to take public transportation to OR plan a public transportation route to a destination of your choice if you are unable to take public transportation.

Mode of public transportation and route planned/took (e.g. which bus route)?

How long did it (or should it) take you to get to your destination?

Tell us one thing about your trip or planned trip:



METROPOLITAN TRANSPORTATION COMMISSION



STUDENT NAME _____
 SCHOOL _____
 HOME ROOM TEACHER _____ GRADE _____

Submit completed Green Transportation sheet via email to saferroutes@hikesonoma.org, or via mail to SRTS, PO Box 3088, Santa Rosa, CA 95402. Entries received by Monday, May 5th will be entered into a drawing for a \$25 gift card!

sonomasaferroutes.org



@sonomacountysaferroutes

Celebrate **NATIONAL**
BIKE TO SCHOOL

DAY WITH SAFE ROUTES TO SCHOOL

WEDNESDAY, MAY 7

Bike...

WALK, SCOOTER, or
SKATE TO SCHOOL!

PRIZES!



to participate, visit
sonomasaferroutes.org



NATIONAL BIKE TO SCHOOL DAY
WALK & ROLL
TO SCHOOL DAY

WEDNESDAY
MAY 7

BIKE SAFETY
QUICK TIPS



Check the air, brakes & chain
before riding your bike

Wear and fasten your **helmet**

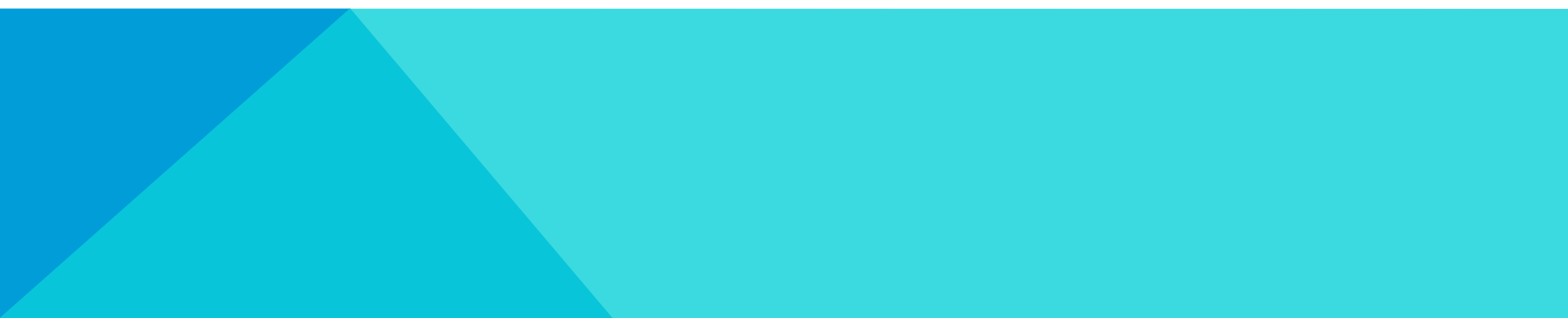
Be **visible**: Wear bright clothing
(and use your hand signals)

Communicate: Make eye contact
and use your hand signals

Be **predictable**: Ride in the same direction
as traffic and follow the rules of the road

SAFE ROUTES TO SCHOOL

SRTS EDUCATION IN PETALUMA – MARCH-APRIL 2025

- **Loma Vista, 4th Grade Bike Basics lesson day 2 (3/4)**
 - **The Spring Hill School – Grades 3, 4 & 5 pedestrian & bike safety lessons (3/12 & 3/19)**
 - **McDowell Elem, 4th Grade Bike Basics lessons, 5th Grade mapping/communications lessons (3/14 & 3/21)**
 - **Mary Collins at Cherry Valley, 4th/5th Grade Bike Basics lessons (3/21 & 3/28)**
 - **Petaluma Learn to Ride Class at Parks & Rec (4/9)**
 - **Mary Collins at Cherry Valley – SRTS Ed Station at Art in the Plaza Event (4/23)**
 - **McKinley 4th Grade Bike Rodeo (4/29)**
- 

SRTS WALK AUDITS/SITE ASSESSMENTS

2024-25

Valley Vista/PJH/The Spring Hill
(8/29/24)

McNear (9/13/24)

Meadow (11/12/24)

Corona Creek/Kenilworth
(12/12/24)

Sonoma Mountain (1/14/25)

Grant (2/25)

Mary Collins at Cherry Valley
(2/11)

OTHER SITES: St. Vincents
Elem, San Antonio HS, St.
Vincent's HS, River Montessori

UPCOMING SRTS TASK FORCE MEETING

**Thursday, May 15th, 2025 -
Location TBD**

www.sonomasaferroutes.org

@sonomasaferroutes

