





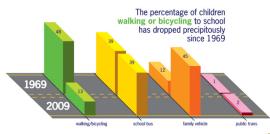
METROPOLITAN TRANSPORTATION COMMISSION

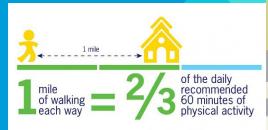
2023





SAFE ROUTES TO SCHOOL BENEFITS





ठाँठ ठाँठ ठाँठ ठाँठ **CLIMATE BENEFITS AND** TRAFFIC SAFETY **CLEANER AIR** Reduced traffic injuries & dangers for students and community members at arrival & dismissal through street improvements Fewer student asthma attacks **COST SAVINGS** due to less driving & reduced near schools Household savings from air pollution results More chances to learn & practice reduced gas & car use Cleaner air & reduced road safety for students greenhouse gas Education budget savings through reduced student busing costs **COMMUNITY SAFETY FROM CRIME CONNECTEDNESS** Increased safety from crime & violence due to more people on the streets, Stronger student friendships good lighting & better street design & relationships through walking & biking together Less harassment, bullying, or violence when · Positive social connections students walk or for families & neighbors bike together or with adults **HEALTHIER STUDENTS BETTER ACADEMIC** Better health & stronger **PERFORMANCE** bones, muscles & joints through more walking Better focus, improved & biking **SCHOOL** concentration & less distraction Reduced risk of chronic for students who are active TRANSPORTATION disease, diabetes, before school **FIXES** & obesity Fewer absences and less tardiness when students walk or bike · Solutions to reduced or nonin groups existent bus service through Safe Routes to School Reduced traffic congestion at pick-up/drop-off times

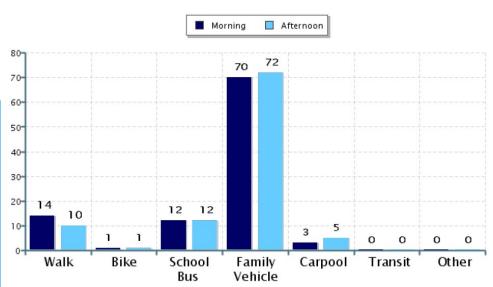
2023 ENROLLED SITES

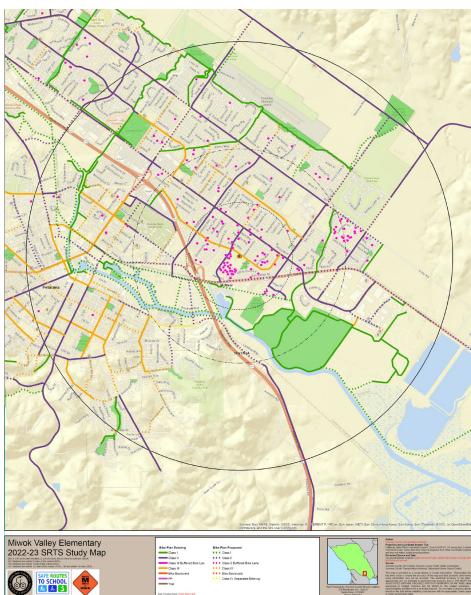
- Petaluma City School District: Grant Elem, Mary Collins at Cherry Valley, McDowell Elem, McKinley Elem/PACS, McNear Elem, Penngrove Elem, Petaluma Junior High, Valley Vista Elem
- Old Adobe Union: Loma Vista Immersion Academy, Miwok Elem
- Waugh School District: Corona Creek Elem, Meadow Elem

Private: The Spring Hill School

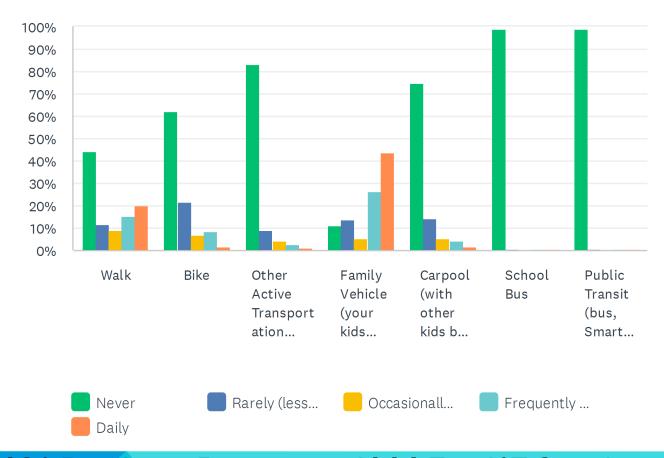
EVALUATION: GIS MAPS & TALLIES

Petaluma School GIS Maps and travel data collected in September; utilized to support program implementation and funding opportunities



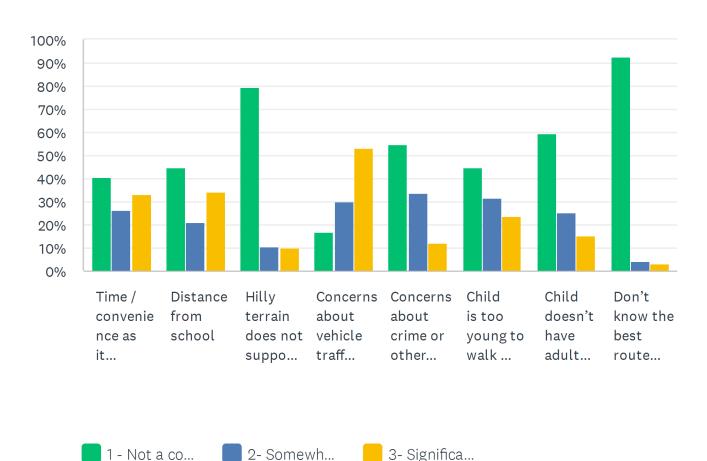


SPRING 2023 PARENT SURVEY



- 461 Petaluma Responses (444 Eng/17 Span)
- 70% of respondents drive kids to school in single family vehicles frequently (44% daily)
- 20% walk daily
- 1.7% bicycle daily, 8% frequently

BARRIERS TO WALKING TO SCHOOL

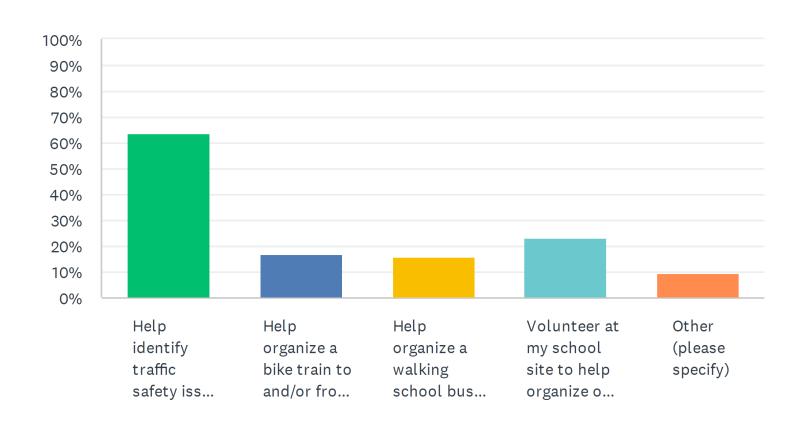


~53% respondents stated concerns about vehicle traffic (busy roads, unsafe crossings, distracted drivers, absence of infrastructure) as a significant concern/barrier to walking to school, 30% as somewhat of a concern

OTHER PARENT SURVEY TAKEAWAYS

- ~85 % of parents agree that walking and bicycling is important for their child's health
- 72% had participated in a Walk/Roll to School Day event
- 73% of parents wish walking and bicycling is something they did more often
- Top reason why parents said they would walk/bike with their family or would consider it was "Walking and Bicycling encourages an active, healthy lifestyle".

PARENT INTEREST IN SRTS



- Help Identify Traffic Safety Issues at schools: 63 parents
- Help Organize a Bike Train to and/or from School: 24 parents
- Help organize a Walking School Bus to/from School: 16 parents
- Volunteer at my School site to organize or support SRTS: 31 parents

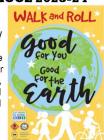
PROGRAM SERVICES

- Walk, Bike & Carpool to School Encouragement Support
- 4th Grade Bicycle "Rodeos"
- 2nd-5th Grade Bike/Ped Safety Lessons
- Middle School Bike Safety/Skill Lessons & Youth Engagement
- Community Education/Outreach/Facilit ation
- Learn to Ride, Family Bike Workshops, Bike Camp & Rides, Bikemobile

SAFE ROUTES TO SCHOOL

THE SAFE ROUTES PROGRAM AT OUR SCHOOL 2023-24

Our school has embraced the Sonoma County Safe Routes to Schools initiative to encourage families to walk, bike or carpool to/ from school whenever possible! The launch date is International Walk & Roll to School Day on Wednesday, October 4th. If you live too far, drive part way and then walk. Choose a safe route for your child to walk or bike. Plan a route with the fewest street crossings, and practice it with your child. Wear helmets, obey stop signs and teach your child to bike in the same direction as traffic. Biking and walking to school is fun. It's also healthy for our children, and our planet.



PROGRAM ELEMENTS

INTERNATIONAL WALK + ROLL TO SCHOOL DAY October 4th, 2023 (alternative date may be scheduled)

Join families around the world in walking &/or bicycling to school.

Prizes for students who walk or roll!

ADDITIONAL WALK-ROLL DAY EVENTS, CHALLENGES, And other fun and inspirational activities!

Look out for announcements about Walk & Roll to School Days or other activities that encourage kids and families to walk, bike, scooter, skateboard, carpool, or bus to school! Join or lead a Walking or Bicycling School Bus from a designated location (if established at our site; contact principal if interested in launching a walking or bicycling school bus).

SRTS EDUCATION for students and families (dates TBA)

The Sonoma County Safe Routes to School program provides instruction, workshops, and materials to educate about and promote bicycle & pedestrian safety for students and families. Keep your eyes out for opportunities for you or your children to learn more about bicycling and walking for transportation and recreation.

For more information about the Sonoma County Safe Routes to School Program visit www.sonomasaferoutes.org

PROGRAM BENEFITS

- Increases skill & confidence in walking & bicycling among students and/or parents
- More families walking/bicycling to school builds community, improves personal safety, and reduces crime
- Improves health, energy, alertness and behavior among students who walk/bike to school
- Decreases greenhouse gas emissions & air pollution
- Reduces traffic congestion
- Identifies infrastructure and enforcement priorities to improve safety for both walkers, bicyclists, and drivers
- Encourages positive, life-long, healthy habits





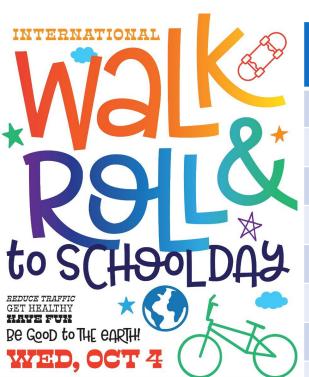




SRTS EDUCATION SERVICES AUG-OCT 2023

2 nd Grade Ped Safety Lessons	4 th Grade Bike Basics Lessons	4 th Grade Bike Rodeo	5 th Grade Mapping/Com munication	Learn to Rides
Valley Vista (8.25, 9/1)	Valley Vista (8.25, 9/1)	Meadow (10/2)	Valley Vista (8.25, 9/1)	8/16
Meadow (8/22, 8/29)	Miwok (8/23, 8/30)	Valley Vista (10/6)	McNear (9/21, 9/28)	9/13
Penngrove (8/28, 9/11)	Meadow (8.24, 8/31)	Miwok (10/13)	Corona Creek 10/16, 10/23)	10/11
Miwok (9/21, 9/28)	Corona Creek (9/19, 9/26)	Corona Creek (10/26)	Meadow (10/18, 10/25)	
Corona Creek (10/16, 10/23)	Mcnear (9/21, 9/28)	McNear (10/27)		

INT'NL WALK & ROLL TO SCHOOL DAY - OCT



WALK & ROLL TO ANYWHERE PRIZES!



Mary Collins at Cherry Valley & Penngrove to celebrate 10/25

SCHOOL	Event #/Total in attendance	Percentage
Grant	not reported	
Loma Vista	179/443	40%
McDowell	137/277	49%
McKinley/PACS	119/336	32%
McNear	177/290	61%
Meadow	186/362	51%
Miwok	125/282	44%
Petaluma Junior	26/435*	6%
Sonoma Mountain	291/441	66%
The Spring Hill	24/66	36%
Valley Vista	41/179	23%
TOTAL	1305/3141	42%

SAFE *INt'L CONTROLL TO S(HOOL OCTOBER STO SCHOOL OCTOBER & ANYWHERE CHALLERGE

WALK & ROLL ANYWHERE

CHALLENGE

EVERY DAY, CIRCLE THE WAY(S) YOU TRAVELED: WALK, BIKE, SCOOT OR SKATE

At the end of the month, count up how many symbols you circled and record the number below. Then write a one sentence statement about why it's good for you or the earth to walk and roll!



Entries may be submitted via email at saferoutes@bikesonoma.org or mailed to SRTS, PO Box 3088, Santa Rosa, CA 95402. Entries must be received by Friday, November 3, 2023.









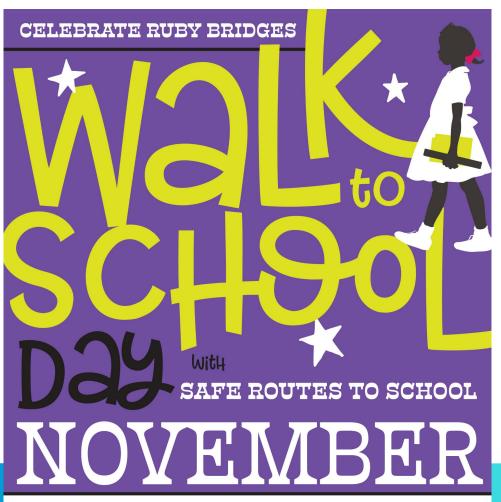
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9	10	11	12	13	14	5
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sonomasaferoutes.org

SAFE ROUTES TO SCHOOL

🚹 👩 @sonomacountysaferoutes

RUBY BRIDGES WALK TO SCHOOL DAY - NOV 14TH



CELEBRATE DIVERSITY

Win a \$25 gift Card



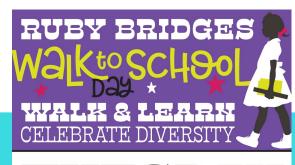






Registered:

Cinnabar Corona Creek Grant Loma Vista McDowell McKinley McNear Meadow Miwok Penngrove





FALL 2023 COMMUNITY/FAMILY EDUCATION

Learn to Ride a Bike for Kids Classes with Petaluma Parks & Rec

Family Bicycle Workshop



IN PERSON, ON-BIKE LESSONS

Learn to Ride a Bike — for Kids

Wednesdays in Petaluma

Summer/Fall 2023 Dates:

8/16, 9/13, 10/11, 11/8

For rates & registration, visit cityofpetaluma.org

















Lucchesi Park



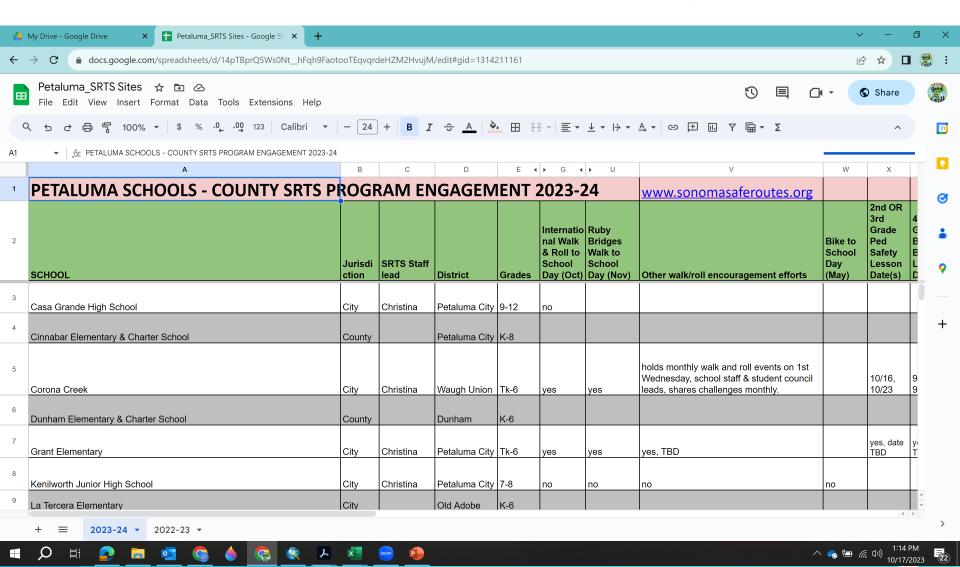
Pre-Registration Required

www.bikesonoma.org/family-bike-workshops





www.sonomasaferoutes.org





MIWOK VALLEY CHARTER SCHOOL

Old Adobe Union School District



Sonoma County Safe Routes to School Program 2022-23 School Snapshot

SRTS School Since: Fall 2012 Principal: Mary Reynolds Champion: Mary Reynolds



Student Travel Modes	Active Green Trips	Green Trips
Fall 2022	33%	49%
Parent Surveys	# of School Responses	# of District Responses
Spring 2023	20	43

*Active Green Trips = walk, bike, scoot, skate; Green Trips = Active plus carpool, bus

Encouragement Activities

Int'l Walk and Roll to School Day

Ruby Bridges Walk to School Day

Bike To School Day

Monthly Walk/Roll Days (4/4)

Golden Sneaker Award

Monthly Challenges rec'd (0/8)

Walking School Bus

Bike Train

Youth Engagement (student involvement with activities)

Education Activities

2nd/3rd Gr Ped Safety Lessons

4th Gr Bike Basics Lessons

4th Gr Bike Rodeo

5th Gr Communications/Mapping

Lessons

Community Engagement

Bikemobile Visit

Champion Meetings (3/3)

Family Bike Workshop/Ride

Outreach at School Event

Parent Presentation (PTA)

Staff Presentation

Whole-School Assembly Helmets-18 Bikes Repaired-16 Learn to Ride-1

GIS Student Address Map

38% live within a 1/4 mile

51% live within a 1/2 mile

63% live within 1 mile

84% live within 2 miles



METROPOLITAN
TRANSPORTATION
COMMISSION

Note: Grayed out activities did not take place at site during 22-23 school year

SRTS EDUCATIONAL HANDOUTS

BIKE SAFETY TIPS

WEAR your HELMET

Protect your brain — wear a helmet! It's the law. Make sure your helmet fits snugly and is firmly buckled under your chin.

FOLLOW the RULES

Ride on the right, in the direction of traffic. Obey all road signs and traffic signals as if you were a car. When you come to a driveway or intersection, you should STOP, look LEFT, look RIGHT, then look LEFT again to make sure no cars are coming. Only proceed when you know it's safe. WALK your bike in a crosswalk.

$\mathcal{B}e$ PREDICTABLE

Do what drivers expect you to do. Use hand signals and yield to pedestrians. Ride single file to allow faster traffic to pass. Pass slower traffic on the left, ringing a bell. Ride in a straight line (don't swerve) three feet away from parked cars (door zone). Look and listen to what is around you.













RIDING on SIDEWALKS

Sidewalk laws are made by local governments, so check with your town to see if it's allowed. If it's permitted, make sure you ride safely and are careful of people walking. Decide as a family or group if you will ride on the street or the sidewalk.

Be VISIBLE



Wear bright-colored clothing so you are easier to see. Wear something reflective if riding at night, and make sure your bike has working lights and reflectors.

LOCK your BIKE

When you get to school, lock your bike to a bike rack on school grounds. Lock both your front wheel and the bike frame to the rack.



Additional TIPS

When and where you ride is something you should discuss with your parents or guardians.

Any time you are not comfortable with the traffic situation, you can always get off your bike and walk with it on the sidewalk.

WALKING SAFETY TIPS

DRESS to be SEEN

Wear bright colored clothing or reflective gear if it is dark. Bright colors are more visible during the day and light colors are more visible in the evening and night.

USE SIDEWALKS when available



Walk facing oncoming traffic if there is no sidewalk.

WALK with, OTHERS

Walk with an adult, other students. or a buddy.

CROSS at CORNERS

Cross at corners or at a marked crosswalk. This is where drivers expect you. Look left, right, then left again before crossing the street. At a four-way intersection, look over your shoulder for cars that may be turning.

LISTEN for **ONCOMING CARS**

Listen for oncoming cars that may be behind a parked car, tree, or other obstacle.











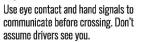
FOLLOW DIRECTIONS

Follow directions from crossing guards and safety patrols.

4/se CROSSING SIGNALS carefully

Stop at the curb or edge of the street. Push the button and wait for the walk signal, look left, right, left behind you and in front of you for traffic. Wait until no car is coming and then begin crossing.

GISE EYE CONTACT





CROSSWALK Reminders



STOP at the curb



left, right and behind you

MAKE EYE CONTACT



with drivers



with heads up and looking around







DRIVER AWARENESS FOR SAFE ARRIVAL AND DISMISSAL

CONSIDER ALTERNATIVES to IMPROVE SAFETY and AIR QUALITY

- ★ Walk or bike as often as you can.
- Drop off or pick up your child a quarter to half mile from school, a 5-10 minute walk.
- Carpool. Look into a ride share with friends or neighbors.
- ★ Be idle free: turn your car off if stopped for >30 seconds. Leaving the car running is polluting and does not save time or energy.
- Leave for school 10 minutes early to avoid morning drop-off stress and congestion!











BE AWARE and SHARE the ROAD

- Slow down; follow the speed limit and caution signs, speeding is the #1 cause of all crashes.
- ★ Look out for pedestrians and cyclists everywhere, at all times. Be prepared to stop for children running across the street and in-between vehicles.
- When driving in a school zone, never pass other vehicles, change lanes, or make U-Turns.
- Yield to pedestrians in crosswalks. Stop well back from the crosswalk to give other vehicles an opportunity to see the crossing pedestrians so they can stop too.
- Driving is not the time to multi-task.
- ★ All cell phone use should be put on hold, especially when in a school zone.
- Give bicyclists at least 3 feet of space or change lanes when you pass them.
- Communicate intent with bicyclists and pedestrians using eye contact, etc.

SUPPORT SAFE and SMOOTH DROP OFF/PICK UP

- Always follow the instructions and directions provided by school personnel. Park in, or progress through, designated pick-up/drop off areas as directed.
- Drop your child off on the school-side of the road; your child is safer when they do not have to cross the street.
- ★ Be extra cautious when backing up. Children are small and hard to see.
- Walk in front of rather than behind a school bus, and stay 5-10 big steps away from the sides and rear, outside of the driver's blind spots.
- ★ Do not park or stop in the bicycle lane, even if it's on the street in front of your school.
- ★ Be patient, respectful and courteous to other road users. Anger and frustration can lead to careless and unsafe behavior.



E-BIKES ARE ELECTRIFYING THE FUTURE WHAT PARENTS SHOULD KNOW

E-bikes are rapidly increasing in popularity, especially with teens as they provide increased independence. E-bikes allow children to travel further and faster, allowing steep hills to be easily climbed. Heavy school books and sports equipment are no longer an issue to transport! **One less vehicle on the road benefits all.**

BUT, IS YOUR CHILD EXPERIENCED ENOUGH TO MANAGE THE INCREASED SPEEDS AND MANEUVERABILITY OF A HEAVY E-BIKE?

Parents are advised to do their own research and assess their children's cycling capabilities before purchasing one. Below are some considerations to help parents make informed decisions.

Heavy E-bikes traveling at high speeds are harder to maneuver and take longer to stop. The average speed of a standard bicyclist is 12 mph. Type 1 & 2 ebikes can travel up to 20 mph (Type 3- 28 mph). This is a significant difference when considering the experience level of student E-bike riders.

E-bike riders (and all cyclists) must follow the same rules as vehicles when riding on roadways.

(California Vehicle Code (CVC) §21230)

SAFE ROUTES TO SCHOOLS

Safe Routes to Schools teaches students the Rules of the Road in elementary and middle schools. Their bicycle classes give students the opportunity to practice maneuvers on mock streets.

Visit sonomasaferoutes.org to find out more.











IS YOUR CHILD EXPERIENCED WITH THE FOLLOWING?

Taking turns with vehicles at intersections after coming to a complete stop

Riding predictably WITH the flow of traffic and does not weave in and out of vehicles

Riding outside of the door zone of parked vehicles (at least 3 feet away)

Using hand signals for turning right, left and stopping, and scans before merging onto roads and changing lanes



Obeying posted speeds on pathways and giving pedestrians the right of way

Knowing how to stop abruptly and dodge obstacles without swerving into vehicle lanes

Committed to wearing a helmet and ensuring their passenger does as well (17 and under are required to do so by law)

RIDING CONFIDENTLY ON ROADS AND PATHWAYS TAKES PRACTICE

Parents, or another experienced adult cyclist, are advised to ride with children to ensure they are following the rules of the road and can handle the bicycle in various road conditions. With E-bikes, this includes extra practice – riding responsibly and under control at all times, including switching between gears and speed settings.

TYPES OF E-RIKES

TYPE I: 20 mph max with only pedal-assist, no throttle. These E-bikes are legal on any paved surface that a regular bike is allowed to operate

TYPE II: 20 mph max with pedal-assist and a powerful throttle function that negates the need to pedal. These E-bikes are legal on any paved surface that a regular bike is allowed to operate at the posted speed.

NOTE: Type I and Type II E-bikes don't have a minimum age restriction and are allowed on multi-use pathways

TYPE III: 28 mph max, only pedal-assist, no throttle. This type is a tier below true motorcycles and mopeds. Riders must be 16 or older and wear a helmet. They are prohibited from multi-use paths unless otherwise specified.

E-SCOOTER LAWS

California's law permits anyone OVER the age of 16, who has a learner's permit or license, to operate an F-scooter

E-scooter riders must know traffic laws, because they must share the road with vehicles

Users can ride in bike lanes on the road if the posted speed limit is 25 mph or slower

California law prohibits riding E-scooters on sidewalks and pathways unless marked otherwise

EDUCATIONAL PSA'S

YouTube: Sonoma County Safe Routes to School

- How to Lock Your Bike Properly
- Visibility While Riding a Bike
- Winter Weather Riding
- Parking & Walking to School
- Multi-Use Trail Etiquette
- How to Map Your Route to School using Google Maps
- 3 Feet: It's the Law
- Bicycling through Shortcuts and Parking Lots

