

# FAMILY BIKE WORKSHOP

VIRTUAL

FREE!



LEVEL 2



**BICYCLING STREET SKILLS FOR PARENTS: Ride in the Road Confidently with Kids!**

**SATURDAY, JANUARY 23RD**

**2pm–3pm**

(may be extended for add'l Q&A, if desired)

**Pre-Registration Required**

[www.bikesonoma.org/family-bike-workshops](http://www.bikesonoma.org/family-bike-workshops)

Zoom Link will be sent in advance to registered participants

Family Bicycling is a wonderful and healthy, outdoor activity we can enjoy while social distancing. Join us for a session where we delve more deeply into how to safely and confidently ride in traffic, with our kids.

This workshop builds upon the content shared in our Level 1 Intro to Family Bicycling Workshop, however prior attendance in the Level 1 workshop is not required.

## TOPICS COVERED

- Proper road positioning on a variety of streets
- Best practices for navigating intersections
- Principles of Traffic Law
- Hazard awareness & defensive riding
- Hills and gearing
- Tips for skill practice

