

FAMILY BIKE WORKSHOP

VIRTUAL

FREE!



LEVEL 2



BICYCLING STREET SKILLS FOR PARENTS: Ride in the Road Confidently with Kids!

TUESDAY, MAY 25TH

3:30pm–4:30pm

(may be extended for add'l Q&A, if desired)

Pre-Registration Required

www.bikesonoma.org/family-bike-workshops

Zoom Link will be sent in advance to registered participants

Family Bicycling is a wonderful and healthy, outdoor activity we can enjoy while social distancing. Join us for a session where we delve more deeply into how to safely and confidently ride in traffic, with our kids.

This workshop builds upon the content shared in our Level 1 Intro to Family Bicycling Workshop, however prior attendance in the Level 1 workshop is not required.

TOPICS COVERED

- Proper road positioning on a variety of streets
- Best practices for navigating intersections
- Principles of Traffic Law
- Hazard awareness & defensive riding
- Hills and gearing
- Tips for skill practice

